

# SAND

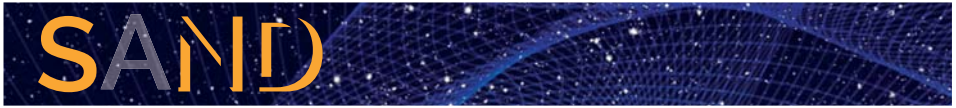
TITIGNANO ORVIETO ITALY 2-8 AGOSTO



## Program

ON THE EDGE OF THE **(UN)KNOWN**

Science and Nonduality Gatherings 2016



## On the Edge of the Unknown (August 2nd - 8th), Castello di Titignano, Italy

*I do not negate the world; I see it appearing in consciousness, which is the totality of the known in the immensity of the unknown.*

*- Nisargadatta Maharaj*

Both science and spirituality reflect the human urge to know - that perennial itch to make sense of who we are and of the world in which we live. This search is an essential part of being human. We live life supported by knowledge. However, the larger our island of knowledge, the larger the shore of the unknown becomes.

We probe reality as best we can with our tools of understanding: structures, models, theories, myths, beliefs, teachings, etc. These tools of understanding also define the boundaries of our knowledge. Is it possible to go beyond the limitations of our tools? And what would it take?

We all constantly touch the Edge of the Unknown, whether contemplating the vast mystery of the universe, or the intimate sensory experience of living in a human body; from science, or from spirituality. At this week-long gathering we invite you to investigate this edge from whichever lens feels most comfortable to you: science, meditation, inquiry, dance or simply sharing lunch with one another. To become part of this investigation there is no need to adopt any particular perspective: SAND is just a playground where we come together to explore and share insights or simply experience what is emerging in the moment. All is welcome here, reflecting the fact that there is no "thing" separate from anything else; reality emerges moment to moment as infinite, ever-present, interconnected whole, and we are not separate from it.

**Enjoy SAND Art  
"Inner Treasure Hunt"  
a route of Interactive  
Installation across  
the woods of Titignano**

*by Dafna Moscatti  
and Maurizia Mancini*

And let's not forget that any observations or findings that we can describe are just pointers. The map is not the territory. Our senses can only perceive a representation of reality and not reality itself, which is beyond any description.

This is your retreat. We invite you to fully own it, to reflect and allow the presence of "what is" to be with you throughout the next few days, surrender to not knowing and let the mystery unfold.

We thank you for being here, for your willingness to share your insights, for your openness to be inspired by others and we invite you to meet with each other beyond all concepts in the silence of what is.

Love,  
The SAND Team

# SAND16 Italy Program

## TUESDAY, August 2

15:00 Registration Opens  
18:30 Dinner 🍴

### Main room

20:30 - 21:00 Opening Ceremony  
21:00 - 21:50 Daniel Odier: *The Spanda Approach of the Cosmic Body*  
22:00 - 23:00 Meet and Greet, and a little dancing...

## WEDNESDAY, August 3

### Main room

7:30 - 8:30 Jac O'Keefe: *Morning Meditation*

### Cellar

7:30 - 8:30 Marco Mandrino: *Wake-up and Cultivate Presence With Breath, Movement & a Little Sweat!*  
8:00 - 10:00 Breakfast 🍴

## Morning Session

### Main room

9:30 - 10:45 Daniel Odier: *Tandava The Cosmic Dance, Part 1*

### Cellar

9:30 - 10:30 Community Circle: Where are we on our Spiritual Journey?  
10:30 - 11:00 Coffee Break ☕

### Tent

11:00 - 13:00 Mooji: *Satsang*  
13:30 - 15:00 Lunch 🍴

## Afternoon Sessions

### Tent

15:30 - 17:00 Jac O'Keefe: *Trust and the Spiritual Path*

### Main Room

15:30 - 17:00 Daniel Odier: *Tandava The Cosmic Dance, Part 2*

### Green room

15:30 - 15:50 John Sweeny, Vedic Meditation: *Ancient Wisdom, Modern Living*  
16:05 - 16:25 Sergio Baroni, *Letting the Beauty of Heartfelt Embodiment Be What We Do*  
16:35 - 17:00 Maria Prieto: *Design on the Edge of the UnKnown*  
17:00 - 17:30 Coffee Break ☕

## Evening Session

### Tent

17:30 - 19:30 Mooji: *Satsang*  
20:00 - 21:30 Dinner 🍴

## Evening Program

### Tent

21:30 - 22:30 A Conversation with Mooji & Maurizio Benazzo

### In Piazza

22:30 - 23:30 Amal Ousana: *Evening Performances, Sufi Dancer, with live music by Luigi Mattiello*

## THURSDAY, August 4

### Main room

7:30 - 8:30 Florian Schlosser: *Morning Meditation*

### Cellar

7:30 - 8:30 John Sweeny: *Modern Yoga - Subtle Body, Pure Mind*  
8:00 - 10:00 Breakfast ☹️

## Morning Plenary

### Tent

9:30 - 10:45 Unmani: *Living Without Knowing How to Live  
The Paradox of Knowing in Not-Knowing*

10:45 - 10:55 Shashi Solluna: *Peace Through Polarity*

### Cellar

9:30 - 10:50 Amal Oursana: *Sufi Whirling Dance Workshop*

### Main Room

9:30 - 10:50 Susan Blackmore: *Living Without Free Will*

10:30 - 11:00 Coffee Break ☹️

## Morning Concurrent Sessions

### Tent

11:00 - 13:00 Mooji: *Satsang*

### Cellar

11:30 - 13:00 Shashi Solluna: *Finding Peace through Polarity*

13:30 - 15:00 Lunch ☹️

## Afternoon Plenary

### Tent

15:30 - 16:40 Florian Schlosser: *Freedom From The Known -  
Living outside the box*

16:45 - 16:50 Gina Yoli: *Authentic Movement*

16:50 - 17:00 Pujan Carla Cerrini & Dionisio Nota:  
*The Magic Circle of Tantra*

### Green Room

15:30 - 15:50 Gerard Blommestijn: *Uniting the Western  
and the Southern/Eastern views in a Social Context  
as well as in Relation to Quantum Physics*

16:00 - 16:20 Peter Lloyd: *Mahavakyas versus Empiricist Philosophy of Mind*

16:30 - 16:50 Shelli Joye: *The Pribram-Bohm Holoflux Theory  
of Consciousness*

17:00 - 17:30 Coffee Break ☹️

## Evening Session

### Tent

17:30 - 19:30 Mooji: *Satsang*

### Cellar

17:30 - 19:00 Gina Yoli: *Being Moved By The Mystery*

20:00 - 21:30 Dinner 🍴

## Evening Program

### Main room

21:30 - 22:30 Dialogue with Q&A: *Unmani and Florian Schlosser*

### In Piazza

22:30 - 23:30 Evening performance: *Barbara Eramo e Pejman Tadayan*

### Cellar

22:30 - 23:30 Ganga ma: *Chanting with*

24:00 - 8:00 Luigi Mattiello: *Sleeping Concert*

## FRIDAY, August 5

### Main room

7:30 - 8:30 Unmani: *Morning Meditation*

### Cellar

7:30 - 8:30 Paramatma Cris: *Yoga session with Breath, Movement & a little Sweat!*

8:00 - 10:00 Breakfast 🍴

## Morning Plenary

### Main room

9:30 - 10:10 Peter Littlejohn Cook: *Tantric Voicework Introduction*

10:20 - 11:00 Michael Wenger: *Nondual Evolution*

11:00 - 11:30 Coffee Break ☕

## Morning Concurrent Sessions

### Main room

11:30 - 13:00 Unmani: *Living Without Knowing How to Live The Paradox of Knowing*

### Tent

11:30 - 13:00 Pujan Carla Cerrini & Dionisio Nota: *The Magic Circle of Tantra - Joyful and Conscious Sexuality*

### Green room

11:30 - 11:50 Charles Whitehead: *Do we really not know what we don't know? Anthropology and spiritual experience*

12:00 - 12:20 Peta Morton: *Imaging the Hidden Geometry of Reiki*

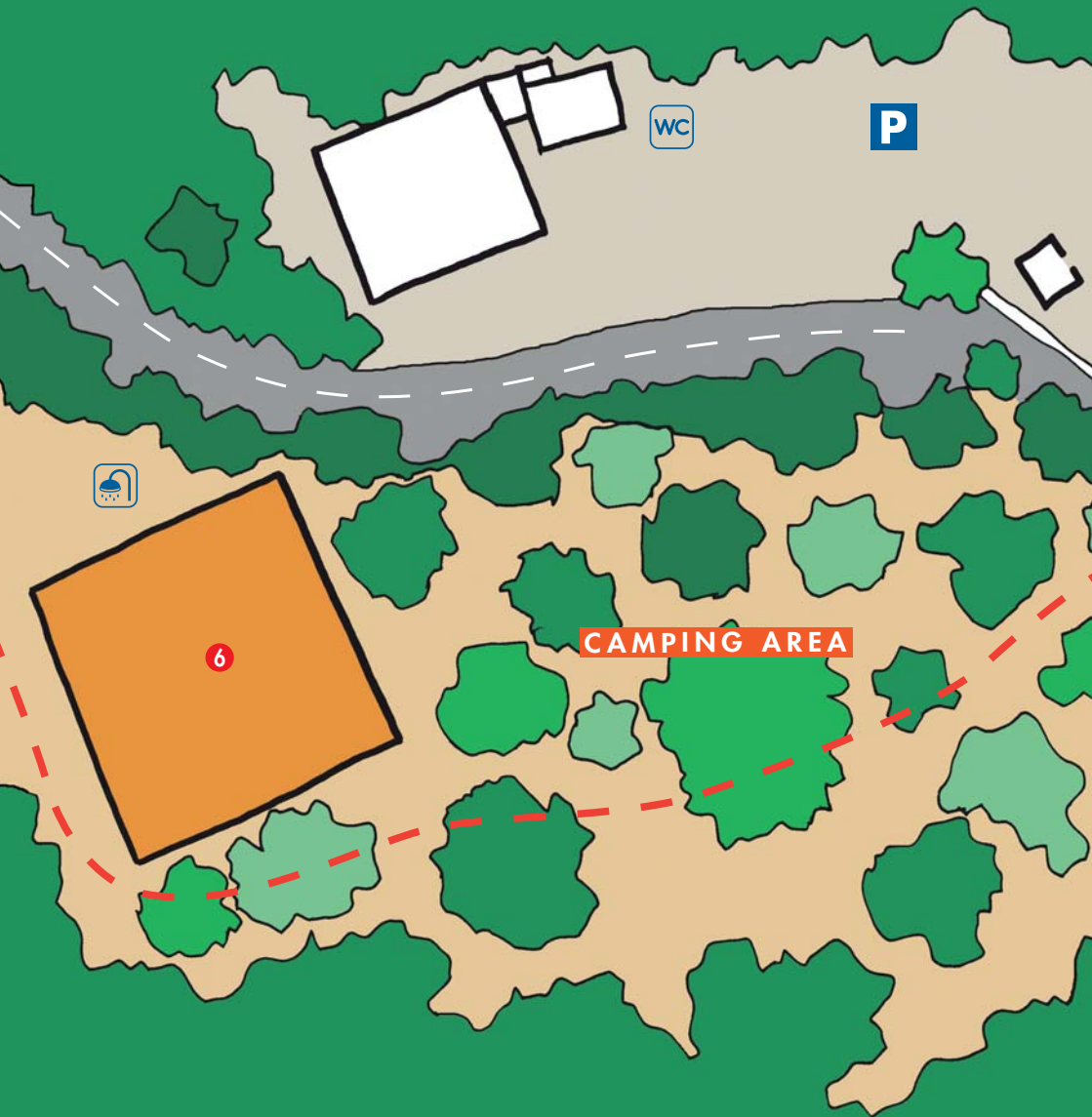
12:30 - 12:50 Viki Veldhoen & Mattanja Dirks: *The Power of Human Transformation*

### Cellar

11:30 - 13:00 Michael Wenger: *"I GOT IT - I LOST IT" Integrating Paradoxes of Non-Dual Evolution*

13:00 - 15:00 Lunch 🍴

# TITIGNANO'S MAP



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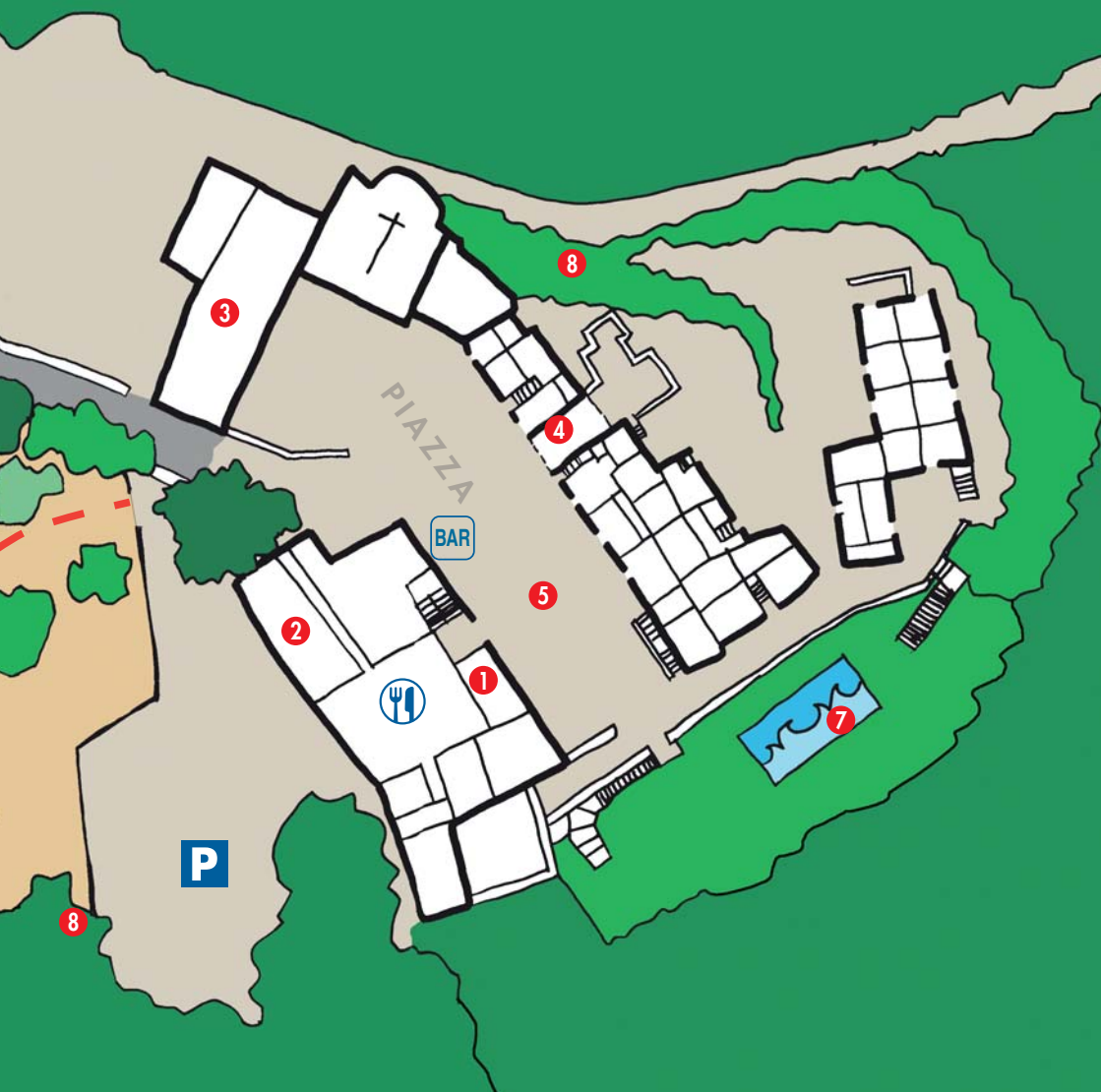


6

CAMPING AREA

## LEGEND

- |                     |                                   |   |
|---------------------|-----------------------------------|---|
| <b>1</b> Office     | <b>5</b> Piazza                   | <b>P</b> Parking  |
| <b>2</b> Cellar     | <b>6</b> Tent                     | <b>WC</b> Toilets   |
| <b>3</b> Main Room  | <b>7</b> Swimming Pool            |  Shower    |
| <b>4</b> Green Room | <b>8</b> Interactive Installation |  Main Road |
|                     |                                   |  Pathway   |



## Afternoon Plenary

### Main room

- 15:00 - 15:40 Selene Calloni Williams: *Mother Mantra (Introduction)*  
15:45 - 16:20 Chris Fields: *The Extraordinary Challenge of the Ordinary*  
16:30 - 17:00 Conversation with: *Peter Russell, Chris Fields and Susan Blackmore*

### Cellar

- 15:30 - 17:00 Selene Calloni Williams: *Achieving Eudaimonia Through Shamanic Yoga and Mother Mantra, Part 1*

### Tent

- 15:30 - 17:30 Amal Oursana: *Sufi Whirling Dance workshop*  
17:00 - 17:30 Coffee Break ☕

## Evening Concurrent

### Main room

- 17:30 - 19:00 Aisha Salem: *Embodied Awakening*

### Green room

- 17:30 - 17:55 Amy Thompson: *Psychotherapy and Coaching from a Non-Dual Perspective*  
18:00 - 18:25 Karen Jaenke: *Dreaming into Flow States*  
18:30 - 18:55 Zmago Svajncer: *Young People, Nirvana and Ataraxia*

### Cellar

- 17:30 - 19:00 Riccardo Cassiani Ingoni: *Bodyfullness*

### Tent

- 17:30 - 19:30 Stephane Jaglovsky: *Body Rhythms*  
20:00 - 21:30 Dinner 🍴

## Evening Program

### Main room

- 21:30 - 22:30 Dialogue with Q&A: *Shakti Caterina Maggi and Jac O'Keeffe*

### In Piazza

- 22:30 - 24:00 Community Circle and music

## SATURDAY, August 6

### Main room

- 7:30 - 8:30 Shakti Caterina Maggi: *Morning Meditation*

### Cellar

- 7:30 - 8:30 Paramatma Cris: *Yoga Shakti Samadhi*  
8:00 - 10:00 Breakfast 🍴

## Morning Plenary

### Main room

- 9:30 - 10:10 Ulisse Di Corpo: *The Power of Love*  
10:20 - 11:00 Susan Blackmore: *Over the Edge out of the Body*  
11:00 - 11:30 Coffee Break ☕

## Morning Concurrent Sessions

### Main room

- 11:30 - 13:00 Shakti Caterina Maggi: *From Perception to Emptiness*



## Green room

- 11:30 - 11:55 Helen Ericksen: *The FruitTree Strategy - Giving While Growing A Theory About How Everything Is Connected*
- 12:00 - 12:25 Francesco Cirici: *Campi Evolutivi How a Deep Emotional Work can Change Human Energies*
- 12:30 - 13:00 Antonia Di Francesco: *Photostimulations A Key to Accessing the Quantum Field*

## Cellar

- 11:30 - 13:00 Malcolm Bilotta: *(DMT) Transpersonal Mental Deprogramming*

## Tent

- 11:30 - 13:00 Pujan Carla Cerrini & Dionisio Nota: *The Magic Circle of Tantra - Joyful and Conscious Sexuality*
- 13:00 - 15:00 Lunch ☹️

## Afternoon Plenary

### Main room

- 15:30 - 17:00 Mauro Bergonzi: *The Wonder of UnKnowing*
- 17:00 - 17:30 Coffee Break ☹️

## Evening Sessions

### Main room

- 17:30 - 19:00 Aisha Salem: *Dance Meditation*

## Cellar

- 17:30 - 19:00 Selene Calloni Williams: *Achieving Eudaimonia through Shamanic Yoga and Mother Mantra, Part 2*

## Tent

- 17:30 - 19:00 Riccardo Cassiani Ingoni: *Bodyfulness*
- 20:00 - 21:30 Dinner ☹️

## Evening Program

### In Piazza

- 21:30 - 23:00 Evening performance: *Facilitated Drum Circle, Harshil Filippo Chiostri*
- 23:00 - 24:00 Music Dance Party

## SUNDAY, August 7

### Main room

- 7:30 - 8:30 Peter Russell: *Morning Meditation*

## Cellar

- 7:30 - 8:30 Paramatma Cris: *The 5 Tibetan Rites Yoga Elemental Journey of Vitality & Rejuvenation*
- 8:00 - 10:00 Breakfast ☹️

## Morning Plenary

### Main room

- 9:30 - 11:00 Shakti Caterina Maggi: *From Perception to Emptiness*
- 11:00 - 11:30 Coffee Break ☹️

## Morning Concurrent Sessions

### Tent

11:30 - 13:00 Peter Littlejohn Cook: *Tantric Voicework, Breathwork and Visualization*

### Main room

11:30 - 13:00 Marina Borusso: *The Present Moment is a Space*

### Green room

11:30 - 11:55 Kent Welsh: *The Ecology of Awakening*

12:00 - 12:25 Simon Duan: *Digital Consciousness and Platonic Computation*

12:00 - 12:25 Shelly Sharon: *Falling in Love with the Unknown*

### Cellar

11:30 - 13:00 Gina Yoli: *The Discipline of Authentic Movement*

13:00 - 15:00 Lunch 🍴

### Swimming Pool

14:00 - 17:00 Marina Borusso: *AWA™ Awareness Through Water*

## Afternoon Plenary

### Main room

15:30 - 15:40 Elsa Masetti: *Love and Meditation*

15:45 - 17:00 Peter Russell: *Nonduality and the Mystery of Consciousness*

17:00 - 17:30 Coffee Break ☕

## Evening Sessions

### Piazza

17:30 - 19:00 Community Circle and Celebration

### Tent

17:30 - 19:30 Stephane Jaglovsky: *Body Rhythms*

### Cellar

17:30 - 19:00 Elsa Masetti: *Love and Meditation (Introduction)*

20:00 - 21:30 Dinner 🍴

## Evening Program

### In Piazza

21:30 - 24:00 Closing circle and last dance with JAM SESSION and dj SET

## MONDAY, August 8

### Main room

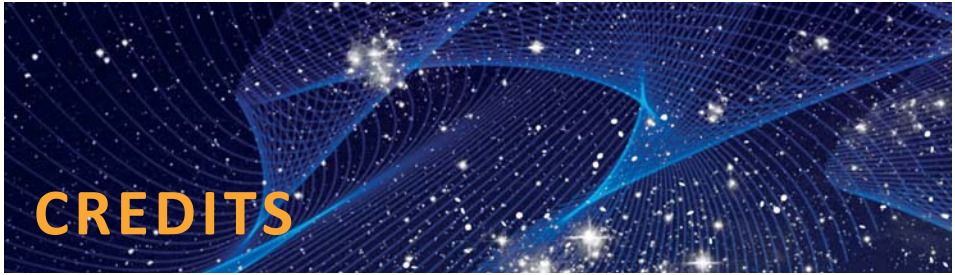
7:30 - 8:30 Peter Russell: *Morning Meditation*

### Cellar

7:30 - 8:30 John Sweeny: *Morning Movement*

8:00 - 10:00 Breakfast 🍴

10:00 Check-out of Titignano



Founders and Nondoers:

Maurizio & Zaya Benazzo (NetiNetiMedia)



SAND Italy Partner:

Malcolm Bilotta e Petulia Lera



SAND Italy Partner:

Dafna Moscati

Speaker Coordinator:

Lisa Breschi

Volunteer Coordinator:

MaryClare Foecke

A/V tech manager:

Ronald Heij (Synergie Audio & Facility)

Logistics manager:

Andrea Munari

Program Book Design:

Walter Bilotta

<http://walterbilotta.wix.com/walter-bilotta-foto>

Thanks to:

YOU (prior to you)

Special thanks to:

All the presenters and teachers at the conference for their unconditional support.

All the volunteers for their generous help and commitment, before and during the event.

Special thanks to the staff at Titignano.

This conference has been inspired by and is dedicated to Sri Nisagadatta Maharaj

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**SAND** is a non-profit organization whose mission is to provide a forum where scientists, philosophers, spiritual practitioners, and artists gather to explore and advance embodiment and enactment of the new paradigm, grounded in both cutting-edge science and the ancient wisdom of nonduality - the deep understanding of the interconnectedness of life.

The flourishing of this exciting international community reflects and depends upon this interconnectedness, so if you or your organization would like to join us in partnership or sponsorship, or if you would like to jump aboard the team of volunteers who contribute their gifts and talents in large and small ways year round, please come talk to one of us!



## INFORMATIONS

### TELEPHONE NUMBERS

SAND INFO 331 1194462  
TITIGNANO 0763 308000  
TAXI 0763 301 903  
HOSPITAL 0763 3071  
POLICE 0763 398800

### SAND OFFICE HOURS

10:30 - 12:30  
15:00 - 16:30

### SAND BAR HOURS

8:00 - 13:00  
15:00 - 24:00

*Bar purchases require use of prepaid cards, in the amount of 5, 10, or 20 Euros, available at registration or the SAND office.*

*A list of scheduled children's activities will be available at the registration table and in the SAND office.*